



Les maisons de Léa

*** Hôtel & Spa
de Charme *Honfleur*



Recharge your batteries

You'll be carried away by the music and the candle light of the spa. Have a look at our different body massages. (massages and rates on the back)

Relax in our steam room after a long day of discoveries; or enjoy a tea in our peaceful tearoom where the relaxing atmosphere will take you away from your daily tiredness and stress.

Place Sainte Catherine - 14600 Honfleur - Tél. 02 31 14 49 49 - Fax 02 31 89 28 61 - contact@lesmaisonsdelea.com

www.lesmaisonsdelea.com



Our massages *

• **INSTANT DE DOUCEUR (30 min massage)..... 50 €**

This massage feels amazing as well as relaxing and soothing. Its flowing and enveloping movements will help to relieve your tension.
(Facial or Back or Back and legs)

• **PLÉNITUDE RETROUVÉE (60 min massage)..... 85 €**

Body and face massage based on relaxing or tonic movements. This body care will relieve your stress. You'll leave lighter and relaxed. Choose between relaxing, energising or hot stone therapy massage.

• **DÉTENTE EXTRÊME (90 min massage)..... 115 €**

This massage consists of slow, flowing and enveloping movements. It is a pure bliss and a must for those wishing to escape from any stress and tiredness.

• **GOMMAGE (30 min massage)..... 55 €**

A tone and exfoliating face treatment combined with a gentle scrub will leave your skin deeply moisturised and nourished.

• **MINCEUR (45 min massage)..... 75 €**

Slimming massage. Your full body is brushed and prodded to encourage lymphatic drainage. This massage will leave you feeling fresh and light.

• **FUTURE OU JEUNE MAMAN (45 min massage)..... 75 €**

Waiting for baby: slow and smooth movements to help you relax, release your muscle tensions and improve your joints. Your body is gently massaged with almond oil. Safe for you and your baby.
Baby is here: your body will be gently smoothed and prodded. It is a pure bliss to escape from the stress of being a newly mom.

Our wellness packages

Give yourself a break of total relaxation with our wellness packages including steam bath, a scrubbing, a massage and a gift.

DOUCEUR (80 min body care)..... 105 €

Steam bath . Scrubbing . “Instant de Douceur” massage . Gift

COCOONING (110 min body care)..... 140 €

Steam bath . Scrubbing . “Plénitude retrouvée” massage . Gift

SÉRÉNITE (140 min body care)..... 170 €

Steam bath . Scrubbing . “Détente Extrême” massage . Gift

BÉBÉ (95 min)..... 130 €

Steam bath . Scrubbing . “Future massage” or “jeune maman” massage Gift

COCOONING FOR TWO..... 65 €

Couple or friends, a wellness break including a steam room session, a scrubbing, a mask, surprises during the interludes, a little gift and a delicious shared moment in our lovely tearoom.
ou
100 €
/personne

Our Steam room

Our steam room is part of the Spa Experience. Get benefits from its soothing heat.

10 Euros for non-residents: accessible only combined with a treatment.



“Well-being” gift cards

Treat your family and friends by offering them a unique time in “Le Spa de Léa”.